

A close-up photograph of a tall, clear glass filled with a vibrant orange-red smoothie. The smoothie has a thick, creamy texture with visible white foam on top. A bright yellow straw is inserted into the drink. The background is a blurred wooden surface. A white banner with red text is overlaid across the middle of the image.

**STRAWBERRY BELL PEPPER SMOOTHIE**

# STRAWBERRY BELL PEPPER SMOOTHIE



**Prep time:** 5 Minutes

**Cook time:** N/A

**Servings:** 4 People

## INGREDIENTS:

**1** Red Bell Pepper

**2 cups** strawberries

**1 cup** greek yogurt, 0% fat plain

**1** banana

**1 tbsp.** pure vanilla

## DIRECTIONS:

Add all ingredients to a blender and blend on high until smooth.

Divide between glasses and serve immediately!

## CHEF'S TIP:

You can use this recipe to make frozen ice pops.