

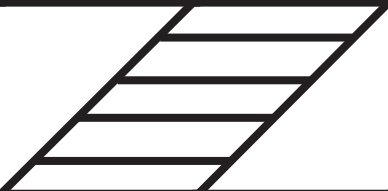


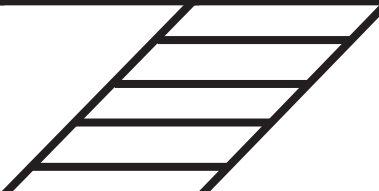





# THE IMPORTANCE OF WATER

# BOARD GAME

Roll the dice and follow the instructions on the square you land on to see who can make it to the finish first!

<p>Your lips have gotten very dry after playing outside in the heat. Move back two spaces.</p>		<p>You drank lots of water after exercising. Move ahead one space.</p>		<p>You lost a lot of water while sick! Move back one space.</p>	<p>Oh no! You are dehydrated. Move back 4 spaces.</p>	<p><b>FINISH</b></p>
<p>You ate a water rich food. Move ahead two spaces.</p>						
	<p>You are drinking lots of water to help stay cool. Move ahead one space.</p>	<p>You met your daily water goals. Climb the ladder of success!</p>	<p>Oh no! You are dehydrated. Move back 4 spaces.</p>		<p>You drank lots of water during your hike. Move ahead one space.</p>	<p>You have lost a lot of water through sweating on a hot day. Move back one space.</p>
						
<p><b>START</b></p>		<p>You ate a water rich food. Move ahead two spaces.</p>	<p>You met your daily water goals. Climb the ladder of success!</p>		<p>You successfully replaced the water that you lost during your sport game. Move ahead two spaces.</p>	<p>You are drinking lots of water to help stay cool. Move ahead one space.</p>

Note: If you land on a square with an image, stay there until your next turn.

