

HEALTHY ON-THE-GO SNACKS FOR PEOPLE ON-THE-GO!

A NatureFresh™ Learning Initiative



QUICK & DELICIOUS
SNACK COMBINATIONS
TO PAIR WITH
CUCUMBERS.



CUCUMBERS



FRESH DILL



APPLES



CHERRY TOMATOES

PICK A
FLAVOR



BELL PEPPERS



FETA CHEESE



RAISINS



HONEY



FRESH LEMON/LIME



GRAPES

RESULTS = DELICIOUS SNACK IDEAS!

Visit naturefresh.ca for more recipe ideas

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Farms