

HEALTHY ON-THE-GO SNACKS FOR PEOPLE ON-THE-GO!

A NatureFresh™ Learning Initiative



QUICK & DELICIOUS
SNACK COMBINATIONS
TO PAIR WITH
GRAPE TOMATOES.



TOMATOES



SPINACH

QUINOA

STRAWBERRIES

PICK A
FLAVOR



FRESH LEMON/LIME

ALMONDS

KALE



BELL PEPPERS

CHEESE

SPRING MIX

RESULTS = DELICIOUS SNACK IDEAS!

Visit naturefresh.ca for more recipe ideas

NatureFresh
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