

Quiz: The Digestive System

QUESTIONS:

1. **True or False:** Food gives our bodies ENERGY but NO NUTRIENTS.

2. **True or False:** Digestion breaks down food for our bodies to absorb and use.

3. What parts of the **mouth** help with digestion?

4. **True or False:** Your esophagus has strong muscles to push food down to your stomach.

5. **True or False:** The stomach has *sphincter juices* to help break down your food.

6. **True or False:** Your intestines are longer than you!

7. **True or False:** An example of chemical digestion is chewing.

ANSWERS:

1. False, food gives our body both energy AND nutrients.
2. True
3. Teeth, tongue, and saliva (or spit)
4. True
5. False, gastric juices are used in the stomach to help break down food.
6. True
7. False, chewing is an example of mechanical digestion.